**Teacher/ Student Contract- OJRHS**

**Topics Covered:**

This semester, we will be looking forward to some exciting activities and projects that will help you explore all the food groups using MyPlate Guidelines. We will discuss nutritional value of foods, preparation techniques and storage and food safety guidelines. We will have food labs based on the food group being studied. The units of study are as follows:

1. Kitchen Basics (Intro to the kitchen)
2. Fruits
3. Vegetables
4. Dairy
5. Protein (Meat, Poultry, Eggs, and Beans)
6. Fats and Oils
7. Grains and Sweets in Moderation (Holiday baking)
8. Food Packaging and Presentation

As a ***student*** in my class, it is your duty to:

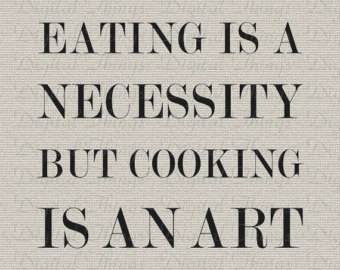
1. Bring a POSITIVE and eager attitude to class every day.
2. Arrive to class on time and remain **seated** until the bell rings. (Lateness will be recorded.) Please place backpacks under desk during a lab.
3. Be ready and PREPARED to learn. Please bring a pencil or writing instrument to class EVERYDAY EVEN WHEN WE ARE IN THE LAB. ALWAYS put your name on all assignments.
4. Be respectful and courteous to fellow classmates and their possessions. You will also need to show a cooperative attitude when working with others in your groups. These will be assigned at the beginning of the semester.
5. Make up all labs/projects/assignments within a timely basis when absent. If you miss a cooking lab, the **first lab missed is excused**, but a second and third missed lab will need to be made up at home. Please ask for a lab make-up sheet to complete the lab.
6. Keep your work area **clean**. You must be neat and orderly so others can work effectively as well.
7. **Cell phones- please see Miss Hale’s cell phone policy.**
8. Lastly, remember that you are in a learning environment. We need to keep the area safe at all times. Please be careful with all equipment. Fooling around and disrespectful behavior WILL NOT BE tolerated and will result in the following:
9. First offense- Verbal warning and Code of Conduct Slip
10. Second offense- Second verbal warning/parent contact and Code of Conduct Slip
11. Third offense- Detention

Grades:

1. Points will be earned through:

* In-class assignments (20%)
* Labs (30%)
* Projects (15%)
* Quizzes (10%)
* Tests (10%)
* Homework (10%)
* Participation (5%)

1. All points missed due to absence must be made up within 2 weeks or a zero will be given. Late work will be accepted, however points will be deducted from grade each day assignment is late.



After reading the student/teacher contract, please sign and return the following by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name (printed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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